CLEAN TERIYAKI SAUCE



MAKES 1 CUP

INGREDIENTS

- 1/2 cup low sodium gluten-free tamari sauce or coconut aminos
- 1/3 cup honey or brown rice syrup
- 1 Tbls fresh grated ginger
- 2 cloves garlic, minced or grated
- 1 fresno chile pepper, seeded and diced (optional)

STEPS

1. Whisk all ingredients together

ALISHA'S TIPS

Use sesame oil when cooking veggies and meat then add in the teriyaki sauce